

## **TOP TIPS FOR TEN TORS CHALLENGE 2026**

### **You want to complete your Challenge?**

Plan to walk more than half of your route before camping - 35m teams that camp at a control before their halfway point rarely go on to complete on Sunday. If you're a 35 miler, make sure that you know the control that you need to reach on Saturday and the associated Night Stop Time (NT) by which you must book in at the control prior at which you plan to camp. 45/55m teams completing less than 55% of their route by 0600 Sunday are unlikely to finish. The NT and DW [see below] times are shown on the routes published on the Website and will be included in your team's Control Card.

### **Time extensions**

Time extension will only be given by the Director Ten Tors in the most extreme circumstances.

### **Directed Withdrawal times [DW] [formerly 'crash times']**

DW times are set on all routes to ensure the safety of teams with insufficient time left in which to complete the Challenge by Sunday 1700 (see Pink Card). The times have been revised for this year's Challenge to provide greater consistency: all routes have at least three DW times, the first being between Sunday 0700 and 0900, and the last after Sunday 1400. Note the locations of the DWs on your route and ensure that you plan to pass through the relevant controls well before the times shown.

### **Prudent planning for completion**

Your team's route planning should include a contingency allowance to cover issues such as medical incidents, poor navigation, and Dartmoor's uncertain weather. A two or three hour contingency buffer should be built in; aim to walk two thirds or more of the route on Saturday, leaving only a third or less to complete, arriving by lunchtime on Sunday. Teams are required to cross rivers encountered during their Challenge via the authorised crossing points. Teams crossing rivers on their routes other than via an authorised crossing point risk compromising the prioritisation of their Establishment's team bids in subsequent years.

### **45/55 mile camping**

Check how your planned route interacts with the TT 2024 Permitted Camping Map and plan accordingly. Several controls are outside the Permitted Camping areas or are very close to a boundary; make sure that you understand the location of the permitted camping areas relative to the controls on your route and locate your campsite accordingly.

### **Peat re-wetting**

Climate Change-related peat re-wetting to improve carbon retention is being undertaken across an increasing number of locations, mainly on the North Moor

including Rattlebrook/Amicombe Hill, Kneeset Nose/Little Kneeset, Fur Tor/Tavy Head, West Dart Head/Cowflop Bottom/Cut Hill Water, Black Hill, West Dart Head/Cranmere, Brim Brook/Ockerton Court/Taw Head, Hangingstone and Whitehouse Hills, HMP Dartmoor enclosure between Little Mis Tor and Holming Beam and, on the South Moor, Great Gnats Head/Langcombe Hill/Shavercombe Head. Please avoid the working areas, machinery and materials, if you come across them during training or the Challenge.

### **Rubbish collection**

Deposit your accumulated rubbish at your first Safety Control on Sunday; to save time at the Control, place all your team's rubbish into one bag.