

## TEN TORS 2025 - 26 GREEN CARD - PARTICIPANTS

### GREEN CARD RULES FOR TRAINING ON DARTMOOR

These Rules must be followed by ALL those involved in training for Ten Tors and a copy must be carried by every walking group.

MOD, Ten Tors, and DNPA officials monitor training to ensure compliance.

Ignoring this Card may debar teams and establishments from the Event in this and future years.

Establishment Name: .....

Establishment code: .....

Training Event Leader's Name:.....

Training Event Leader's phone:.....

Off Moor Controller's (if applicable) Name: .....

Off Moor Controller's (if applicable) phone: .....

Ten Tors Duty Officer (TTDO) – weekends 11 Oct to Event only: 07801 907 589

Headquarters Dartmoor Training Area (HQ DARTA) – all year: 01837 657 210

#### General

- The [Dartmoor National Park \(DNP\) Byelaws](#) are to be obeyed at all times.
- Establishment Codes are to be displayed on two A4 panels which are easily visible to ground observers.
- The Rules for Participants should be explained as part of an establishment's preparation phase training.
- Two of these cards (Green Card) should be carried at all times by each walking group.

#### Understand property and access rights

- Unless on Access Land, Public Right Of Way (PROW) must be followed.
- Commons and Access Land, as shown on Annex A, may be used for walking.

#### Prevent wildfires

- Wildfires can be devastating and dangerous; do not light open fires or take naked flames near flammable areas.
- Use cooking stoves carefully.
- Farmers are permitted to conduct controlled burning to manage vegetation between 1 Oct and 31 Mar; these types of fire will be under close supervision and over relatively small areas.
- Report all uncontrolled or suspicious fires to the Fire Service on 999 immediately.

#### Respect the Moor and its other users

- Tread lightly. Leave no trace. Give nature space.
- Engage with other walkers and farmers, who you meet.
- Do not enter Out Of Bounds (OOB) areas.
- If a track is worn do not walk alongside it as this will spread the erosion.
- Do not climb over walls or field boundaries - use gates, stiles or constructed gaps.
- Close gates irrespective of how you found them.
- Music players are **not** to be used at any time.
- Respect all ancient monuments and ruins.
- Do not disturb stones from moorland, dry stone walls or old buildings.
- Do not pollute or obstruct streams rivers & leats.
- Take all litter home.
- Be aware of and put into practice the 3P's for bathroom and human waste.

### Protect plants and animals

- Avoid disturbing plants, wildlife, and livestock.
- Rare Bird Nesting Areas (RBNAs) must not be entered during the period 1 Mar – 31 Jul except in emergency. Maps must be marked from 1st February 2026.
- Do not feed or touch ponies or attract them to the road.
- Leave young or distressed animals alone.
- Report animals in distress or stray dogs to the Dartmoor Livestock Protection Officer on 07873 587561.

### Camping

- Backpack camping locations are to be at least 100m from any building, road, or other backpack camping locations and are to be within areas permitted on the DNPA website.
- Do not backpack camp in sight of a road or building.
- Backpack camping locations used for Ten Tors training must not contain more than 14 people.
- Keep noise to a minimum when camping – remember that sound travels further by night.

### Ranges

- The boundaries of the 3 Range Danger Areas are shown on maps and are marked on the ground by signs on red and white posts. When red flags or lights are displayed entry is forbidden. Guaranteed public access dates and 6 weeks' notice of firing are published on the MOD website.
- Unexploded ordnance surfaces occasionally; it may be dangerous so **DO NOT TOUCH**. Mark the area and give a grid reference and description of the object to HQ DARTA.

### Environmental Control Monitors

- If you are stopped by an adult remember to ask them for their ID card. Only take advice from someone that shows you a Ten Tors ECM card.

## In the case of an emergency:

- Stop. Make sure all the group are together.
- Follow your first aid training: DRS ABC
- Contact your Off Moor Controller or Training Leader and provide them with this information:
  - Who is injured.
  - What the injury is.
  - Your location – grid reference.
- Make yourselves visible.
- Use a whistle and/or torch to attract help.
- Keep a light on in your tent, this aids the rescuers in locating you.
- Listen for horns or whistles blowing and respond loudly.

## In the case of a fire:

- Keep calm. Call **999** and ask for the Fire and Rescue Service.
- Give your exact location – 6 figure grid reference or What3words.
- Distance yourself from the fire.
- Contact your team leader.

